**Trek and Ride Adventure**

A world of Trekking and Cycling

**Waiver Of Liability, Assumption Of Risk And Indemnity Agreement**

**Waiver of Liability**: In consideration of being permitted to participate in Trek and Ride Adventure, adventure activity I for myself, my heirs, personal representative and assigns, do hereby release, waive, covenant not to sue and discharge Trek and Ride Adventure, from liability from any and all claims including the negligence of Trek and Ride Adventure in personal injury, accidents or illness (Including death) and property loss arising from, but limited participation in Trek and Ride Adventure, adventure activities.

I accept

**Assumption Of Risk**: Participation and conditioning programs carries with it certain inherent risk that cannot be eliminated regardless of the care to avoid injuries. I know that high altitude in mountains is a potentially hazardous activity and certify that I am in good health and physically fit enter into a Trekking / Expedition / Bicycle Touring / Yoga Meditation Retreat / Voluntourism programs. I acknowledge that I am aware of the many risks involved in adventure activities in general and high altitude adventure specifically, which risks include by way of example and not limitation: 1) minor injuries such as scrapes, bruises, sprains and strains, 2) more serious injuries such as joint, muscle and bone injuries, concussions and other head injuries, heat or cold related injuries such as heat stroke, heat exhaustion, dehydration and over hydration such as hyponatremia, catastrophic injuries Frost bite, Acute mountain sickness and condition such as heart attack and other conditions or injuries which could be fatal. I have read the previous paragraph and I know, understand and appreciate these and other risks that are inherent in adventure activities for and participating in road, trail and mountain trekking / expeditions / bicycle Tours / Yoga Meditation programs / Voluntourism and other activities associated with that Trek and Ride Adventure, programs. I hereby assert that my participation is voluntary and that I knowingly assume all such risks.

I accept

**Indemnification And Hold Harmless**: I also agree to INDEMNIFY AND HOLD HARMLESS Trek and Ride Adventure, from any and all claims, actions, suits, procedures, cost, expenses, damages and liabilities, including attorney’s fees as a result of my involvement in Trek and Ride Adventure, performance Adventure activities.

I agree

**Severability**: The undersigned further expressly agrees that the foregoing waiver and assumption of risk and agreement is initiated to be as a broad and inclusive as a permitted by the law of the country of Spain and that if any portion thereof is held invalid, it is agreed the balance shall, notwithstanding continue in full legal force and effect

I accept

**Acknowledgement of Understanding**: I have read this waiver of liability, assumption of risk, and indemnity agreement consisting of entire page, fully understand its terms, and I understand that I am giving up substantial rights, including my right to sue. I acknowledge that I am signing the agreement freely and voluntarily, and intend by my signature to be complete and unconditional release of all liability to the greatest allowed by law.

I accept

I decline

Name : First Last:

Email :

Contact No :

Submit